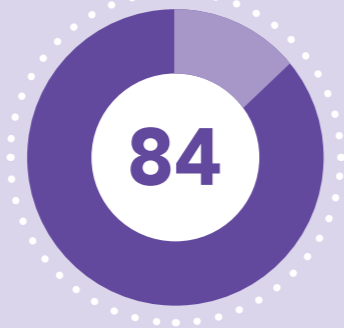


Young Peoples and Schools Counselling and Education Programmes

Stats & Sessions

84 Young People Received Structured Intervention

420 Sessions Delivered



Workshops



1200 Professionals Attended Educational Workshops

Over 170 Individual Workshops Delivered

Feedback from Young People and Professionals

Would recommend everyone takes this session, very informative and interesting. Really enjoyed it, Thank you!

Very informative and really makes people aware

It was very educational and beneficial. I am now more aware of early signs of problematic gambling.

Eating Disorders and Lifestyle and Weight Management Programmes

Individual 1 to 1 sessions



Also group Cognitive Behavioural Therapy (CBT) sessions

Stats & Sessions

30 patients have attended group CBT sessions

11 patients have progressed onto the pathway for bariatric surgery

115 patients have received individual counselling support



Feedback from Service Users

The learning and support has enabled me to understand myself and why I had such a struggle. I now feel capable and empowered for the first time in such a very long time

I now know that I can live a better, healthier, more positive life, whilst I am working on the changes

I have a better understanding of my emotions and the impact on my eating behaviour, and have learned ways of managing thoughts and feelings behind overeating.

Beacon Counselling Trust



BEACON COUNSELLING TRUST
Reg. Charity No. 1140011

GambleAware®



Our Purpose

We make life better for individuals and families who access our services because we believe passionately that people can change their behaviour and their lives through professionally delivered structured support and experience, and embrace a different way of living even after the most catastrophic of life changing events.

Our Vision

We are a vibrant organisation and by 2021 we will be working with 30% more Beneficiaries; financially robust with income from a diverse range of sources; increasingly collaborate with like-minded partners; be recognised nationally for excellence and continue to be an employer of choice. As an organisation we will strive to innovate in all areas of service delivery and we will expand our client base geographically.

Our Values

- Passionate
- Dynamic
- Enduring
- Respectful
- Professional
- Supportive



Forward by Frank Doran
MBE Chair of Trustees

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Foreword by Chair of Trustees

It gives me great pleasure to introduce the 2017 to 2018 Impact Report for The Beacon Counselling Trust. I am writing this in June 2018, when BCT has recently been awarded the GamCare Problematic Gambling Treatment contract for a new initial 3 years, with an option to extend for an additional two years.

This gives both the charity and, more importantly, our service users a period of stability at a time of general uncertainty, public funding reductions and change. This contract, which allows our core service to carry on, has continued due to the diligence and hard work of the Clinical Director and his team, who have built and maintained strong relationships with our commissioner GamCare and the superior commissioner GambleAware, and were able to demonstrate that BCT could meet effectively all of the contract's exacting quality requirements.

We are keener than ever to show our supporters, service users, staff, volunteers, commissioners and anybody else reading this what impact our work has, using infographics where possible to bring this to life.

The ability to evidence our impact really helped in the relationship building process with commissioners, NHS, Public Health and our wider network regarding our service delivery, which we believe will go from strength to strength over the next year.

The demand for all of our historically delivered services continues to increase, and with the development of our new criminal justice programme and our suicide bereavement programme "Paul's Place", unique in its position in the UK, we believe we will see substantial growth in our client numbers over the next year.

Over the last year the team at BCT has demonstrated its independence, strengthened its governance arrangements, increased its capacity and invested in its infrastructure.

We have a solid foundation to deliver our grant funded and commissioned services more efficiently and effectively.

May I take this opportunity to thank the Trustees, the senior management and the wonderful staff at BCT for their support throughout the year.

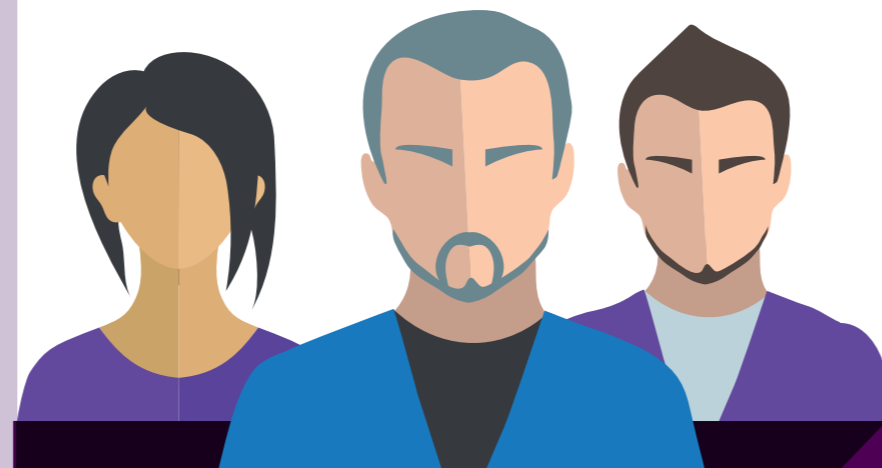
I hope you enjoy reading this and, if you do, why not follow us on Twitter and like our Facebook page too, for real time updates and stories about our work.

Frank Doran - MBE

Chair of Trustees
Gambling Treatment Programme



Gambling Treatment Programme



2100
New Clients
Contacts

1694
New Clients in
Treatment

9065
Counselling
Sessions

Waiting Days

Assessment - 1 Day

1st Face to Face Sessions - 6 Days



Feed Back from Service Users

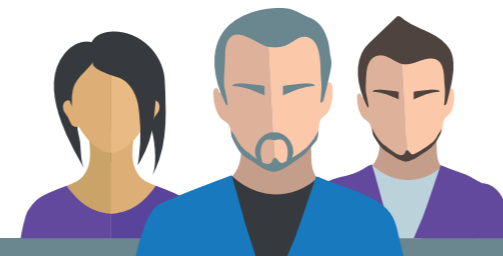
99% of our service users would recommend the service to someone else

Thank you all for everything you do. I don't know where I'd be without this service and the people that work there. Thank you so much.

Made such a difference to our lives cannot thank you enough.

Thank you so much for being here and being so friendly and welcoming each time I come in.

Pauls Place Postvention Programme



61 Individuals Accessed the Programme

732
Sessions Offered



Assessment - 4 Days

1st Face to Face Sessions - 7 Days



Kathy Devlin,
Clinical Manager,
Liverpool Hope University
Leaders Award
Winner for Health and Social Care 2018.

Over 50 courses delivered to 676 delegates from over 200 different organisations

Feed Back from Service Users

100% of our service users would recommend the service to someone else.

Nobody is perfect however the people at Paul's Place come very close to it.

Thank you so much for everything, I am truly grateful to you, more than you ever know

Thank you for helping me through my bad times, I do feel so much better and I intend to carry on

Mental Health Awareness and Mental Health First Aid Training

MHFA Courses



Feedback from Delegates from Our Various Course

Tutors were very knowledgeable and easy to understand... appreciated personal perceptive, thank you, hearing voices exercise was great

Changed my outlook on how to respond to suicidal ideation. Highly recommend, would like to do more.

Thank you for helping me through my bad times, I do feel so much better and I intend to carry on

Criminal Justice Programme



- Over 300 Individuals Upskilled in P.G. Awareness
- 3% Positive Screenings
- 760 Individual Screenings

Howard League

Programme was Howard League National award Winner 2017

