



The Problem

- **11% of young people have spent their own money on gambling in the past week, compared to 16% who have drunk alcohol, 6% who have smoked a cigarette and 5% who have taken illegal drugs.**
- **There are around 350,000 11-16 year olds in the UK who report gambling in the last 7 days with 55,000 identified as problem gamblers.** *Source: Young People and Gambling Survey (2019) - A research study of 11-16 years old in Great Britain. Gambling Commission.*

Problem gambling breaches the guidance definition of safeguarding and promoting the welfare of children from the Department of Education:

- **Protecting children from maltreatment**
- **Preventing impairment of children's health or development**
- **Ensuring that children grow up in circumstances consistent with the provision of safe and effective care**
- **Acting to enable all children to have the best outcomes**

Furthermore, the DoE encourages all school and college staff should be particularly alert to the potential need for early help for a child who is:

- **Showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups**
- **Misusing drugs or alcohol themselves**
- **In a family circumstance presenting challenges for the child, such as drug and alcohol misuse, adult mental health issues and domestic abuse**

These are signs ALL young people who are problem gamblers or affected others display. Young people can also suffer from 'hidden harm', when they are impacted by a parent's or other responsible adult's gambling problem.

The Solution

GamCare is the leading source of information, advice and support for anyone affected by problem gambling.

Our BigDeal programme provides interactive workshops for young people and specialist training for the professionals who support them.

If you work with young people:

- Learn how to recognise the risk factors, signs and symptoms of a gambling problem;
- Find out how to talk to young people about problem gambling and advise where to seek help if they need it;
- Gain the skills to deliver interactive workshops on problem gambling awareness - four session plans included.

Our FREE interactive workshops also ensure:

- Young people gain the awareness, knowledge and skills to make safer choices around gambling;
- Young people will understand the impact of problem gambling, and recognise the signs of problem gambling in themselves or someone else;
- Young people know where and how to access help if they need it.

COVID-19 Situation

Beacon Counselling Trust are still able to offer these problem gambling workshops using online platforms during the restrictions. Please discuss your options and needs with our practitioners.

STAY HOME, PROTECT THE NHS, SAVE LIVES

Book your workshop or training now!

Please use information below to book your programme:

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In partnership with:

